



COUNTYWIDE FITNESS CHALLENGE 2013



PLAY FOR LIFE!

Join us for a day of family fun featuring a "triathlon"—
fitness walk, bicycle fun ride and pedalboat rally.

BIOMETRIC SCREENINGS

FITNESS POWER WALK

BICYCLE FUN RIDE

PEDALBOAT AND KAYAK RALLY

PICNIC AREA

FREE GIVEAWAYS

DRAWING PRIZES

RSVP to secure your giveaway at
<http://dhr.lacounty.info>

Santa Fe Dam Recreation Area

15501 Arrow Highway
Irwindale, CA 91706
1st Supervisorial District

Saturday, October 19, 2013

8:00 a.m. – Noon

8:00 a.m. Registration starts

8:30 a.m. Fitness Walk

10 a.m. – Noon Bicycle/Buggy Rides
Pedalboat and Kayak Rally

*Kayaks, pedal boats, bicycles/buggies will be provided

